

# Vaccinations for Preteens and Teens, Age 11–19 Years

*Getting immunized is a lifelong, life-protecting job. Make sure you and your healthcare provider keep your immunizations up to date. Check to be sure you've had all the vaccinations you need.*

| Vaccine   | Do you need it?  |
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| Chickenpox (varicella; Var)                               | If you haven't been vaccinated and haven't had chickenpox, you need 2 doses of this vaccine. Anybody who was vaccinated with only 1 dose should get a second dose.   |
| Hepatitis A (HepA)  | You need 2 doses of hepatitis A vaccine if you would like to be protected from this disease or if you have a risk factor for hepatitis A. Check with your healthcare provider to find out if you need this vaccine.  |
| Hepatitis B (HepB)  | This vaccine is recommended for all people age 0–18 years. You need a series of doses of hepatitis B vaccine if you have not already received them.  |
| Human papillomavirus (HPV)                                | All preteens and teens age 11 and older need 3 doses of HPV vaccine. The vaccine protects against HPV, the most common cause of cervical cancer. It also protects against some other types of cancers, such as cancer of the anus and penis.   |
| Influenza (Flu)   | Everyone age 6 months and older needs influenza vaccination every fall or winter and for the rest of their lives.  |
| Measles, mumps, rubella (MMR)                             | You need 2 doses of MMR vaccine if you have not already received them. MMR vaccine is usually given in childhood.  |
| Meningococcal (MCV4)                                      | All preteens and teens age 11–18 years need 2 doses of MCV4. If you are a first-year college student living in a residence hall, you need a dose of MCV4 if you have never received it or received it when you were younger than 16. Check with your healthcare provider.  |
| Pneumococcal (PCV13, PPSV23)                              | Do you have a chronic health problem? If so, check with your healthcare provider to find out if you need the pneumococcal vaccine.   |
| Polio (IPV)   | You need a series of at least 3 doses of polio vaccine if you have not already received them. Polio vaccine is usually given in childhood.   |
| Tetanus, diphtheria, and whooping cough (pertussis; Tdap) | All preteens and teens (and adults!) need a dose of Tdap vaccine, a vaccine that protects you from tetanus, diphtheria, and whooping cough (pertussis). After getting a dose of Tdap, you will need a tetanus-diphtheria (Td) shot every ten years. If you become pregnant, however, you will need another dose of Tdap during the pregnancy, preferably during the third trimester. |

If you will be traveling outside the United States, additional vaccines may be needed. For information, consult your healthcare provider, a travel clinic, or the Centers for Disease Control and Prevention at [www.cdc.gov/travel](http://www.cdc.gov/travel).



Technical content reviewed by the Centers for Disease Control and Prevention  
 1573 Selby Avenue • Saint Paul, Minnesota 55104 • 651-647-9009  
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